TUE WED THUR **FRI** 10:00 Sittercise 10:00 Balance 10:00 Sittercise Something Lemon Bake Sale 3 Please use the 10:00 WVU OLLI Class 1:00 Channel 96: End of Summer Class "William Shakespeare **Seated Exercises** registration sheet to Wednesday, Beach Bash Party for Fun & Profit (*) 1:00 Shopping @ 1:00 Orange Creamsicle August 22, 2024 Thursday, August 29, 2024 11:00 Flex & Flow with Mary sign up for any event Walmart (*) Float Social 11:30 am. - 1:00 p.m. Louise King 3:00 p.m. - 5:00 p.m. Beach Bash Party with 1:30 Channel 96: Balance Skills with an asterisk (*) Library 1:30 Catholic Mass Arlen Bishop 12:30 Alterations w/Carolyn & Drill Multipurpose Roor All proceeds go to the 1:00 Channel 96: Gentle Yoga next to it. 3:30 Golf 2:00 Makers Space Workshop Alzheimer's Association 7:15 p.m. Jim Synder 1:45 Kroger (*) (Jimmy Buffet Style Music) 7:15 Movie 7:15 Movie Multipurpose Roo 9:00 Church Shuttle (*) 10:00 Read Aloud & Story 10:00 Balance Class 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10 10:00 Channel 96: Catholic Time 11:00 Next Level Fit 11:00 Sing-A-Long to 10:30 Massages by 11:00 Next Level 1:00 Channel 96: 10:00 Sittercise With Christian the Oldies The Massage & 10:30 Church Shuttle (*) 11:00 Flex & Flow with **Seated Exercises** Fit With 11:00 Spiritual Service Mary Louise King Burch 1:00 Channel 96: Seated Reiki Center (*) Christian Burch 1:30 Channel 96: Balance 1:00 Channel 96: Gentle Yoga 1:00 Channel 96: Seated Exercises 11:00 A Room With Many 2:00 Bingo Exercises 1:30 Channel 96: Balance Skills & Drill 1:45 Kroger (*) 1:00 Shopping @ Dollar Skills & Drill 2:00 Channel 96: Gentle Yoga 1:30 Channel 96: Balance Views w/ Rev. Jim Lewis 2:00 "Recycling at Edgewood Summit" 2:30 Channel 96: Bible Study for 2:00 Makers Space Tree (*) 3:30 Conversations in presented by Nicole Hunter Beginners Skills & Drills 2:00 Bingo 4:30 Dinner Trip to Cozumel Cantina 3:00 Catholic Mass with Fr. John 3:30 Golf Workshop French and French Culture | 1:45 Piggly Wiggly (*) 3:30 Golf & Grill on the River (*) Finnell 7:15 Movie 7:15 Movie with Frank Martin 7:00 Prayer Circle Meeting 7:15 Movie 6:00 Movie 9:00 Church Shuttle (*) 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 17 10:00 Channel 96: Catholic Mass 11:00 Employee Activities 11:00 Next Level Fit With 11:00 A Room With 10:00 Trip to 11:00 Next Level 10:30 Church Shuttle (*) 1:00 Channel 96: Christian Burch Committee BBQ Many Views w/ Rev. 11:00 Channel 96: Spiritual Tamarack (*) Fit With **Seated Exercises** 1:00 WVU OLLI CLASS 12 **Fundraiser** Service w/ Dr. Charles Stanley Jim Lewis 11:00 Blood Pressure Check OILS OF THE BIBLE WITH JANE :00 Channel 96: Seated Exercises 11:00 Spiritual Service Christian Burch 1:30 Channel 96: Balance 1:30 Dementia & Alzheimer's 1:00 Channel 96: Seated Exercises SMITH (*) 1:00 Holy Communion With St. 11:00 Flex & Flow with Support Group Skills & Drill 1:00 Shopping @ Drug 1:15 Light Opera Guild Legally Blonde (*) 2:00 Bingo Marks Methodist Church Mary Louise King 1:30 Channel 96: Balance Skills & Drill 2:00 Bingo 2:00 Channel 96: Gentle Yoga 2:00 Makers Space 1:30 Channel 96: Balance Skills & Emporium (*) 12:30 Alterations w/Carolyn 2:30 Channel 96: Bible Study for 2:00 Check Cashing 3:30 Conversations in French and Drills 1:00 Channel 96: Gentle Yoga 3:30 Golf **Beginners** Workshop 3:30 Golf 1:45 Piggly Wiggly (*) French Culture with Frank 3:00 Catholic Communion 7:15 Movie 7:15 Movie 7:00 Prayer Circle Meeting 1:45 Kroger (*) 6:00 Movie Martin 7:15 Movie 10:00 Balance Class 21 9:00 Church Shuttle (*) **Full Moon** 10:00 Read Aloud & Story 10:00 Sittercise 10:00 Balance Class 22 10:00 Balance Class 11:00 Next Level Fit 23 10:00 Sittercise 24 10:00 Balance Class 10:00 Channel 96: Catholic Mass 11:00 Lunch Outing to Time 11:00 A Room 1:00 Channel 96: 11:00 Next Level Fit With 10:30 Church Shuttle (*) Board House & Tour of 10:00 Sittercise 11:00 Channel 96: Spiritual Christian Burch With Christian With Many Views **Seated Exercises** Charlie Jupiter 11:00 Flex & Flow with 1:00 Monthly Birthday Celebration Service w/ Dr. Charles Stanley Burch Hamilton Exhibit (*) Mary Louise King 2:00 Bingo 11:00 Spiritual Service 1:30 Channel 96: Balance w/ Rev. Jim Lewis 11:00 Sing-A-Long with Phyllis 11:30 Lemon Bake Sale Fundraiser 1:00 Channel 96: Seated Exercises 2:00 Channel 96: Gentle Yoga 1:00 Chit Chat Skills & Drill 2:00 Bingo 1:30 Channel 96: Balance Skills & Drill 3:00 Kanawha Humane Association Pet 1:00 Shopping @ Target (*) 2:00 Makers Space 1:00 Channel 96: Seated Exercises for Alzheimer's Association 2:30 Channel 96: Bible Study for Visits 1:30 Channel 96: Balance Skills & 3:30 Golf 1:00 Channel 96: Gentle Yoga Beginners 3:30 Conversations in French and French 3:30 Golf Drills 1:45 Kroger (*) Culture with Frank Martin 3:00 Catholic Communion 7:00 Prayer Circle Workshop 1:45 Piggly Wiggly (*) 3:00 Meet the Maestro & Learn 7:15 Movie 5:30 Parkinsons Support Group Meeting 6:00 Movie 7:15 Movie Meeting 7:15 Movie About the 2024-2025 Season at Blessed Sacrament (*) 9:00 Church Shuttle (*) 10:00 Balance Class **End of Summer Party** 10:00 Balance 10:00 Balance Class 10:00 Sittercise 1:00 Channel 96: Seated 27 10:00 Sittercise 10:00 Sittercise 26 10:00 Channel 96: Catholic Mass 10:00 Read Aloud & Story 12:00 WVU vs Penn 11:00 Next Level Fit 11:00 A Room With 10:30 Church Shuttle (*) Class Time State Football Watch **Exercises** 11:00 Channel 96: Spiritual With Christian Many Views w/ 10:00 Sittercise 1:00 WVU OLLI Judge Gary Service w/ Dr. Charles Stanley 11:00 Next Level Fit Party Burch Rev. Jim Lewis 11:00 Flex & Flow with Mary 11:00 Spiritual Service Sheff Understanding 1:00 Channel 96: Seated 2:00 Bingo With Christian 1:00 Channel 96: Seated Exercises Louise King 2:00 Bingo Magistrate Court **Exercises** 1:30 Channel 96: Balance Skills & Drill 1:00 Channel 96: Gentle Yoga 2:00 Channel 96: Gentle Yoga :30 Channel 96: Balance Skills & 2:00 Check Cashing 2:30 Channel 96: Bible Study for Burch 1:30 Channel 96: Balance Skills & 1:45 Kroger (*) 3:30 Conversations in Beginners 3:30 Golf Drills Drill 3:00 Beach Bash with Arlen Bishop 3:30 Golf 3:00 Catholic Communion French and French Culture 1:45 Piggly Wiggly (*) 2:00 Makers Space Workshop 7:00 Prayer Circle Meeting 7:15 Music by Jim Snyder 7:15 Movie with Frank Martin 7:15 Movie 7:15 Movie August 2024

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